

Day of Procedure:

1. Keep the area clean and covered with Aquaphor.

Post Op Day 1

1. Shower daily (avoid any harsh soaps). Apply a thin coat of Aquaphor ointment to the entire area.
2. Remove Aquaphor and built-up debris by applying gauze and removing without wiping (just put on, pat down, and peel off gently).
3. After washing, re-apply moisturizer immediately. Never let the area completely dry out.
4. Take the steroid prescription as prescribed.
5. Take antibiotics as prescribed.
6. Take antiviral as prescribed.
7. Follow up visit at the office.

Post Op Day 2

1. Gentle washing of the face with a mild cleanser should be done 2 times daily (use unscented, dye free cleanser). Dove soap is a great option.
2. Do not let crusting build up. Wash face to gently remove blood, scabs, and sloughing skin. Use sterile gauze to remove Aquaphor, as aforementioned. Do not rub. Do not pick. Do not peel.

Post Op Day 5-7 and Day 11-14

1. Follow up at the office.
 2. In 7-14 days, the skin will re-epithelialize (get a new layer of skin). After that, continue with gentle cleansing 2 times daily (use Obagi Nuderm System or any unscented, dye free cleansers). Use total sunblock and stay out of the sun. Use a high quality unscented, dye free, facial moisturizer (such as Obagi Action or Aveeno Daily Moisturizing lotion).
 3. Makeup may be worn.
 4. Tretinoin (Retin-A) may be restarted.
- **No smoking. Avoid second hand smoke.**
 - **Drink plenty of water.**
 - **Stay out of the sun.**